

DATES: _____



THURSDAY

What I worked on:	How long I practiced it:
What to improve tomorrow:	

FRIDAY

What I worked on:	How long I practiced it:	What I worked on:	How long I practiced it:	
What to improve tomorrow:		What to improve tomorrow:		

TUESDAY

MONDAY

SATURDAY

What I worked on:	How long I practiced it:	What I worked on:	How long I practiced it:	
What to improve tomorrow:		What to improve tomorrow:		

WEDNESDAY

SUNDAY

What I worked on:	How long I practiced it:	What
What to improve tomorrow:		What

What I worked on:	How long I practiced it:		
What to improve tomorrow:			